

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Mackens Vicky HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 400M FREESTYLE MEN 10-9 Heat:3, starttime: 14:45

Heat: 3/3 Lane : 3 Athlete: VAN DE GUCHT TIBO Q-time: 06:51:12

PB (50m pool): no time				PB (25m pool): 06:51.12 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-14 Heat:2, starttime: 15:00

Heat: 2/5 Lane : 9 Athlete: VAN DER MEIREN WILLIAM Q-time: 06:29:36

PB (50m pool): no time				PB (25m pool): 06:29.36 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-14 Heat:3, starttime: 15:05

Heat: 3/5 Lane : 8 Athlete: CLAES TIEBE Q-time: 05:48:57

PB (50m pool): 05:53.93 Charleroi 11/01/2026				PB (25m pool): 05:48.57 SB: 05:53.93 Charleroi 11/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:53.93
	no time							
								

Coach feedback:

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Event number: 10: 400M FREESTYLE MEN 11-14							Heat:4, starttime: 15:15	
Heat: 4/5 Lane : 4 Athlete: JACQUEMYNS KOBE							Q-time: 05:05:31	
PB (50m pool): 05:05.31 Aalst 20/12/2025				PB (25m pool): 05:15.95 SB: 05:05.31 Aalst 20/12/2025				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.72	01:11.44	01:50.60	02:30.50	03:10.13	03:49.39	04:28.39	05:05.31
	00:33.72	00:37.72	00:39.16	00:39.90	00:39.63	00:39.26	00:39.00	00:36.92
								

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16							Heat:5, starttime: 15:35	
Heat: 5/13 Lane : 5 Athlete: NSUBUGA SOFIA							Q-time: 01:29:44	
PB (50m pool): 01:29.94 Antwerpen 16/07/2023				PB (25m pool): 01:29.44SB: 01:36.33 Wezenberg 03/01/2026				
	5 0 M	1 0 0 M						
PB	no time	01:29.94						
	<i>no time</i>							
								

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16							Heat:6, starttime: 15:35		
Heat: 6/13 Lane : 6 Athlete: NDIAYE MAï							Q-time: 01:25:31		
PB (50m pool): no time				PB (25m pool): 01:25.31				SB: no time	
	5 0 M	1 0 0 M							
PB	no time	no time							
	no time								
									

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16							Heat:8, starttime: 15:40		
Heat: 8/13 Lane : 8 Athlete: WYFFELS LOUISE MARIE							Q-time: 01:21:31		
PB (50m pool): 01:21.31 Aalst 20/12/2025				PB (25m pool): 01:21.03SB: 01:21.31 Aalst 20/12/2025					
	5 0 M		1 0 0 M						
PB	00:35.92		01:21.31						
	00:35.92		00:45.39						
									

Coach feedback:

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Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:12, starttime: 15:45
Heat: 12/13 Lane : 6 Athlete: VAN DER MEEREN LOTTE			Q-time: 01:12:03
PB (50m pool): 01:12.03 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:13.18 SB: no time			
	5 0 M	1 0 0 M	
PB	00:33.84	01:12.03	
	00:33.84	00:38.19	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:7, starttime: 16:05
Heat: 7/17 Lane : 4 Athlete: VANDEPITTE KYAN			Q-time: 01:43:42
PB (50m pool): 01:43.42 Antwerpen 13/07/2025 PB (25m pool): 01:42.90 SB: 01:46.50 Charleroi 11/01/2026			
	5 0 M	1 0 0 M	
PB	00:49.34	01:43.42	
	00:49.34	00:54.08	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:11, starttime: 16:15
Heat: 11/17 Lane : 4 Athlete: DE MESMAEKER LOANN			Q-time: 01:31:34
PB (50m pool): 01:33.99 Antwerpen 13/07/2025 PB (25m pool): 01:31.34 SB: 01:34.43 Aalst 20/12/2025			
	5 0 M	1 0 0 M	
PB	00:44.76	01:33.99	
	00:44.76	00:49.23	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:13, starttime: 16:15
Heat: 13/17 Lane : 2 Athlete: JACQUEMYS KOBÉ			Q-time: 01:28:14
PB (50m pool): 01:34.21 Antwerpen 20/07/2025 PB (25m pool): 01:28.14 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.00	01:34.21	
	00:45.00	00:49.21	
			

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:15, starttime: 16:20
Heat: 15/17 Lane : 0 Athlete: CLAES ELIAN			Q-time: 01:22:89
PB (50m pool): 01:23.89 Seraing 25/01/2026			PB (25m pool): 01:23.81 SB: 01:23.89 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:40.88	01:23.89	
	00:40.88	00:43.01	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:17, starttime: 16:25
Heat: 17/17 Lane : 3 Athlete: VANSTECHELMAN LUCAS			Q-time: 01:12:73
PB (50m pool): 01:17.89 Aalst 20/12/2025			PB (25m pool): 01:12.73 SB: 01:17.89 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:36.72	01:17.89	
	00:36.72	00:41.17	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:12, starttime: 16:45
Heat: 12/20 Lane : 2 Athlete: NDIAYE MAï			Q-time: 01:11:26
PB (50m pool): 01:13.49 Wezenberg 04/01/2026			PB (25m pool): 01:11.26 SB: 01:13.49 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:35.66	01:13.49	
	00:35.66	00:37.83	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:15, starttime: 16:50
Heat: 15/20 Lane : 7 Athlete: WYFFELS LOUISE MARIE			Q-time: 01:08:30
PB (50m pool): 01:08.30 Wezenberg 04/01/2026			PB (25m pool): 01:06.92 SB: 01:08.30 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:32.69	01:08.30	
	00:32.69	00:35.61	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:16, starttime: 16:55
Heat: 16/20 Lane : 3 Athlete: NSUBUGA SOFIA			Q-time: 01:06:03
PB (50m pool): 01:06.03 Antwerpen 20/07/2025			PB (25m pool): 01:05.01 SB: 01:06.82 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:31.95	01:06.03	
	00:31.95	00:34.08	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:16, starttime: 16:55
Heat: 16/20 Lane : 9 Athlete: VAN DER MEEREN LOTTE			Q-time: 01:07:18
PB (50m pool): 01:06.82 Antwerp 28/01/2024			PB (25m pool): 01:05.04 SB: 01:07.18 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:06.82	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:5, starttime: 17:10
Heat: 5/18 Lane : 4 Athlete: VAN DER MEIREN WILLIAM			Q-time: 01:33:58
PB (50m pool): 01:33.58 Wezenberg 04/01/2026			PB (25m pool): 01:33.02 SB: 01:33.58 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:46.13	01:33.58	
	00:46.13	00:47.45	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:8, starttime: 17:20
Heat: 8/18 Lane : 8 Athlete: VANDEPITTE KYAN			Q-time: 01:27:26
PB (50m pool): 01:30.97 Antwerpen 13/07/2025			PB (25m pool): 01:27.26 SB: 01:32.30 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:45.65	01:30.97	
	00:45.65	00:45.32	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:10, starttime: 17:25
Heat: 10/18 Lane : 3 Athlete: CLAES TIEBE			Q-time: 01:22:99
PB (50m pool): 01:24.99 Wezenberg 04/01/2026			PB (25m pool): 01:22.99 SB: 01:24.99 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:42.65	01:24.99	
	00:42.65	00:42.34	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:12, starttime: 17:25
Heat: 12/18 Lane : 5 Athlete: CLAES ELIAN			Q-time: 01:19:08
PB (50m pool): 01:25.00 Charleroi 11/01/2026			PB (25m pool): 01:19.08 SB: 01:25.00 Charleroi 11/01/2026
	5 0 M	1 0 0 M	
PB	00:41.37	01:25.00	
	00:41.37	00:43.63	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:13, starttime: 17:30
Heat: 13/18 Lane : 1 Athlete: DE MESMAEKER LOANN			Q-time: 01:18:40
PB (50m pool): 01:20.86 Wezenberg 04/01/2026			PB (25m pool): 01:18.40 SB: 01:20.86 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:39.11	01:20.86	
	00:39.11	00:41.75	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:15, starttime: 17:35
Heat: 15/18 Lane : 6 Athlete: VANSTECHELMAN LUCAS			Q-time: 01:13:13
PB (50m pool): 01:13.13 Wezenberg 03/01/2026			PB (25m pool): 01:09.82 SB: 01:13.13 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:35.27	01:13.13	
	00:35.27	00:37.86	
			

Coach feedback: